

**BlackRock Income & Growth Investment Trust plc**

As at 30 September 2022

**Portfolio Holdings**

<b>Sedol</b>	<b>Issuer</b>	<b>Holdings</b>	<b>Market Value £</b>	<b>% of Portfolio</b>
0989529	AstraZeneca	34,234	3,402,860	8.4%
BP6MXD8	Shell	145,457	3,267,691	8.1%
B2B0DG9	RELX	103,470	2,277,375	5.6%
B24CGK7	Reckitt Benckiser	33,618	2,009,012	5.0%
0718875	Rio Tinto	36,400	1,782,144	4.4%
0287580	British American Tobacco	54,014	1,742,762	4.3%
B10RZP7	Unilever	34,336	1,362,796	3.4%
0408284	Standard Chartered	228,270	1,293,378	3.2%
B1YW440	3i Group	110,843	1,211,514	3.0%
0922320	Smith & Nephew	115,288	1,210,524	3.0%
0677608	Pearson	137,500	1,191,850	3.0%
BP92CJ4	Tate & Lyle	168,671	1,145,951	2.8%
BGXQNP2	Phoenix Group	210,861	1,110,394	2.8%
B121557	Mastercard	4,000	1,020,263	2.5%
B082RF1	Rentokil Initial	207,303	989,457	2.5%
BY9D0Y1	Direct Line Group	467,900	867,721	2.1%
0416102	Hays	849,522	866,512	2.1%
0870612	Lloyds Banking Group	2,080,108	860,957	2.1%
B1KJJ40	Whitbread	33,598	773,090	1.9%
0144403	BHP	33,700	767,180	1.9%
0309644	RS Group	76,506	741,343	1.8%
0540528	HSBC Holdings	152,400	712,165	1.8%
4834108	Schneider Electric	6,400	656,456	1.6%
BLJNXL8	Berkeley Group	19,481	642,289	1.6%
0053673	Ashtead Group	15,650	639,302	1.6%
B033F22	Centrica	820,700	581,384	1.4%
BVZHXQ9	Hiscox	65,417	577,109	1.4%
BQ7ZVF1	EuroAPI	37,658	562,474	1.4%
0665045	Oxford Instruments	30,209	538,929	1.3%
3091357	BT Group	429,100	520,498	1.3%
0798059	BP Group	112,509	487,276	1.2%

2319146	Equifax	3,000	460,898	1.1%
B09M9D2	Kone	12,400	432,123	1.1%
B132NW2	Ashmore Group	212,300	418,231	1.0%
BMT9K01	Moonpig Group	253,580	404,207	1.0%
B0SWJX3	London Stock Exchange Group	5,200	396,656	1.0%
BZB2KR6	Premier Asset Management Group	375,700	390,728	1.0%
0878230	Taylor Wimpey	392,726	346,698	0.9%
B19HNF4	Chart Industries	2,064	341,411	0.8%
BPXZF78	Woodside Energy Group	16,371	303,027	0.8%
B2PDGW1	WH Smith	24,322	290,283	0.7%
B00MZ44	Grafton Group	41,847	280,919	0.7%
B1YPC34	Fuller Smith & Turner - A Shares	60,246	271,107	0.7%
0286941	Big Yellow Group	25,551	270,841	0.7%
<b>TOTAL INVESTMENTS</b>			<b>40,419,785</b>	<b>100.0%</b>